

SINGAPORE JUDO FEDERATION DAN GRADING REQUIREMENTS

1. This document sets out the Dan grading requirements of Singapore Judo Federation (“SJF”).

General Requirements

2. Registration forms must be duly completed and submitted in the format required by SJF, together with the prescribed grading fee, by the stipulated submission deadline.
3. Registration forms must be typed. Handwritten forms will not be accepted.
4. Incomplete forms or forms without photographs will not be accepted.
5. Registration forms that are submitted after the submission deadline will not be accepted.
6. All candidates must submit their registration forms through the SJF member that the candidates are a member of.
7. Non-Singaporeans (including Singapore Permanent Residents and holders of Student Passes, Employment Passes, and Work Permits) must submit an approval letter/email from their National Judo Federation.
8. Minimum age for Dan grading participants is 16 years old.
9. A Dan grading exercise may be cancelled or postponed if fewer than 10 candidates register for the exercise.
10. Candidates are required to pay a prescribed certificate fee upon award of the Dan Grade. First time awardees of Kodokan Dan certificate shall also pay a membership fee for Kodokan Life membership.

Kodokan Requirements

11. Candidates must meet all Kodokan requirements for Dan grading, including they must:
 - a. Demonstrate good moral character and sportsmanship;
 - b. Fulfil required technical standards; and
 - c. Be able to perform at minimum the Kodokan Judo techniques at a satisfactory level, comprising:
 - i. 68 Nage waza techniques; and
 - ii. 32 Katame waza techniques.

Grading Requirements for Specific Dans

12. Requirements for 1st Dan include:
 - a. Minimum one year as SJF 1st Kyu;
 - b. Able to perform the first three sets of Nage-No-Kata (both as Uke and Tori) at a satisfactory level; and
 - c. At least three Shiai points within the past two years.
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13. Requirements for 2nd Dan include:
 - a. Minimum two years as 1st Dan;
 - b. Be able to perform the full five sets of Nage-No-Kata at satisfactory level; and
 - c. At least three Shiai points within the past two years.
14. Requirements for 3rd Dan include:
 - a. Minimum three years as 2nd Dan;
 - b. Be able to perform the full Katame-No-Kata at a satisfactory level; and
 - c. At least three Shiai points within the past two years.

Exemption for Candidates Above 30 Years Old

15. The SJF Grading Commission may exempt candidates who are above 30 years old from the Shiai point requirement but the candidate must perform the required Kata both as Tori and Uke at satisfactory level for the grading.
16. The recommendation from the SJF member that the candidate is a member of is required to be submitted to request for such exemption and such exemption is subject to the sole discretion of the SJF Grading Commission.

Shiai Point Requirements

17. Shiai points may be only obtained by participating in competitions (the “**Designated Competitions**”) that the SJF Grading Commission has designated for the award of Shiai points.
18. 1 Shiai point shall be awarded for each gold or silver medal won in Designated Competitions and 0.5 Shiai points shall be awarded for each Bronze medal won in Designated Competitions.
19. The Designated Competitions are:
 - a. Singapore Inter-Tertiary Championship;
 - b. Singapore National Judo Championship;

- c. Singapore Kyu Grade Judo Championship;
 - d. Pesta Sukan Judo Championship; and
 - e. Singapore Open Judo Championship.
20. The SJF Grading Commission may also award Shiai points to candidates for medals won in overseas competitions in which they represent Singapore. Such awards are at the sole discretion of the SJF Grading Commission.
21. Candidates who have won medals at international multi-sport games may be exempted from Shiai point requirements at the sole discretion of the SJF Grading Commission. Such candidates are still required to perform the prescribed Kata at a satisfactory level for the grading.

Miscellaneous

22. The Dan grading requirements may be updated and amended from time to time by the SJF Grading Commission.
23. The SJF Grading Commission shall have the discretion in relation to any specific candidate to impose additional requirements to those set out in this document or exempt any of the requirements set out in this document.
24. All Dan grading candidates shall be deemed to have been informed of the contents of the requirements in this document upon its publication on the website of SJF.

Dated 11 June 2026.